

DMWR
Nicholas R. Johnsen (7-4339)
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IMCW-HOD-MW

SUBJECT: Benefits Families Receive During Deployments

PURPOSE: Stating family member benefits, provided by MWR, during deployment.

FACTS:

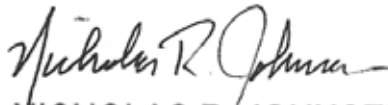
Benefits to families of deployed Soldiers -

- Free annual CYS registrations. (CYS)
- Free, on-site child care during pre-deployment briefings. (CYS)
- Free, on-site child care during separation support events training. (CYS)
- Four free hours monthly, Saturday Get Away: Kids have fun and caretaking parent gets a break. (CYS)
- Ten free hours of child care during R&R leave. (CYS)
- Up to 10 free hours of respite child care every month, for E1-E4. (CYS)
- Free, on-site child care during reunion briefings/training. (CYS)
- On-site child care registration at Rear Detachment Town Halls, Unit and FRG Meetings. (CYS)
- Respite care 24/7 in Child Development Home for families under stress or for spouse parent hospitalization with no local child care support. (CYS)
- Child care fees can be waived for any family experiencing financial distress.
- Military Family Life Consultant program offers problem-solving counseling due to deployments. (ACS)
- Care Team Training helps Soldiers and families understand the function of casualty response teams. (ACS)
- Coping with Separation Training offers insight into various techniques to dealing with deployment issues and feelings of isolation. (ACS)
- Spouses of Deployed Soldiers and Waiting Families Support Group provides information, activities, and support in an atmosphere of concern and support to family members of deployed Soldiers. Meets monthly. (ACS)
- Deployment Budgeting teaches participants how to adjust their budget/spending plan, taking into account changes in income and expenses during deployment. (ACS)
- Reunion/Reintegration Training provides Soldiers and families information to deal with changes which occur during deployment in marital and child relationships. (ACS)
- Parent to Parent Helping Hands Support Group and Exceptional Family Member Support Group provides parents an opportunity to share common experiences and support for other families with special needs family members. (ACS)
- Family Readiness Group (FRG) Focus Forum offers both experienced and new leaders and volunteers the opportunity to meet and discuss issues, training, changes, and a wide variety of topics concerning the management of FRGs. (ACS)

- Pre-Deployment Briefings provide insight for the Soldier and family member on the importance of planning and communication prior to deployment. A checklist is provided that offers suggestions of areas to be addressed by families preparing for the Soldier's departure. (ACS)
- Family Life Skills Workshop assists participants in recognizing the effects and causes of stress and introduces them to a wide array of stress management techniques. Conducted 2nd and 4th Thursday of the month. Available to FRGs. (ACS)
- Family Readiness Group Basic Training offers nine blocks of instruction and targets military and civilian students; prepares and educates leaders and family members on the positive aspects of family readiness groups and how they enhance family and Soldier mission functions. (ACS)
- Family Readiness Group Advanced Course designed for the experienced FRG leader and for the commander; focuses on skills development through interactive discussion and training. (ACS)
- Army Family Team Building training helps family members to better understand the military culture and lifestyle. (ACS)
- NETWORK meets weekly and offers employment leads, job search training workshops, and career coaching to family members. (ACS)
- Rear Detachment Operations Course-this four-day course offers 45 blocks of instruction to prepare the rear detachment staff for the challenges that arise during deployment. (ACS)

Benefits to families of wounded or deceased Soldiers -

- Volunteers on Unit Go and Care Teams can receive free child care while they support families facing crisis. (CYS)
- Participants in the Wounded Warrior Support Group are offered free, on-site child care. (CYS)
- Free annual CYS registration. (CYS)
- Charged the lowest possible fees (Category 1) for children enrolled in regularly scheduled Child Development and School Age Services programs. (CYS)
- Offered hourly care at half the normal fee. (CYS)
- Offered Team Sports and SKIES *Unlimited* instructional classes at half the normal fees. (CYS)
- Four free hours monthly, Saturday Get Away: Kids have fun and caretaking parent gets a break. (CYS)
- Up to 10 free hours of respite child care every month, for E1-E4. (CYS)
- Child care fees can be waived for any family who has a financial need.
- Military Family Life Consultant program offers problem-solving counseling due to deployments (ACS)



AUTHENTICATION: NICHOLAS R. JOHNSEN

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