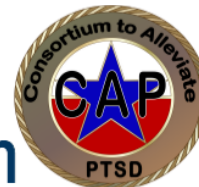




STRONG STAR & CAP Research



South Texas Research Organizational Network Guiding Studies on Trauma and Resilience and the Consortium to Alleviate PTSD

Building Strong, Resilient Warriors at Fort Hood

Location: Rough Rider Village, Bldg. 3563, Rm. 5 Phone: (254) 288 - 1638 Online: www.strongstar.org

Providing PTSD Treatment Research

About Us



STRONG STAR and CAP are the only PTSD research consortia funded by the Department of Defense and Veterans Affairs. The primary goals are to develop and evaluate the most effective programs possible for the diagnosis, prevention, and treatment of combat-related stress disorders such as PTSD, sleep disturbance, chronic pain, and related conditions in active duty military personnel.

Therapy



We use several therapies that have been proven effective in treating PTSD:

- Prolonged Exposure (PE) · Cognitive Processing Therapy (CPT)
- Present Centered Therapy (PCT)

Research



These therapies have been successful in treating PTSD in civilians. STRONG STAR and CAP is interested in determining the most effective method for treating combat-related PTSD.

Participant Qualifications: · Active duty or recently discharged veterans with post-9/11 deployment(s)
· Ages 18 to 65 · Currently experiencing symptoms of PTSD
You will be further assessed for eligibility

Goals and Benefits of STRONG STAR & CAP PTSD Therapy

Goals of Therapy

1. Improve your understanding of PTSD
2. Reduce your overall stress level
3. Reduce the severity of your PTSD symptoms
4. Decrease depression, anxiety, guilt/shame, and anger
5. Improve social functioning and day-to-day living
6. Help you reengage with work and personal relationships

Benefits for Soldiers with PTSD

- Promising research treatments
- Highly qualified staff
- Located on Fort Hood
- Convenient scheduling
- Ideal for Soldiers who want to keep on soldiering
- Opportunity to help fellow Service Members by contributing to the knowledge gained for future treatments

To Participate or Learn More

Call: [254] 288 - 1638

Online: www.strongstar.org/treatment

Providers can submit a consult for Service Members in AHLTA