

#### 4c. III Corps HHBn

##### Resiliency Campus

**CPT Jason Norwood**

- Provides life enhancing training on fourteen (14) comprehensive skills focusing on enhancing quality of life
- Facilitates readiness and resilience
- Mind, Body and Spirit programs and education
- To strengthen the Army profession and improve unit readiness
- Mission/Vision mirrors Phantom 6 Intent and Priorities
- Campus is located on Battalion Avenue and 31st Street
  - Spiritual Fitness Center, building 12012, (254) 553-1195
  - Applied Functional Fitness Center, building 12018, (254) 287-8219
  - Resilience Training, building 12020, Suites 100-300, (254) 768-8956
  - Enhanced Performance Training, building 12020, Suites 100-300, (254) 288-4372
  - Warrior Adventure Quest, building 12020, Suite 300, (254) 288-4689
  - Personal Family Assistance Center (PFAC), building 12020, Suite 400, (254) 553-4701
  - Military Family Life Counselors (MFLC), building 12020, Suite 500, (254) 553-4705

For more information, call (254) 285-5693 or (254) 288-4094 or go online to [http://www.hood.army.mil/resiliency\\_campus/](http://www.hood.army.mil/resiliency_campus/).