

EXCEPTIONAL FAMILY MEMBER PROGRAM FACTS

MARCH 2016

Carl R. Darnall Army Medical Center, Fort Hood, Texas

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

PATIENT AND PROVIDER INFORMATION

The EFMP is a mandatory enrollment program under Army Regulation 608-75 and is based on Department of Defense directives. This program works with military and civilian agencies to ensure that comprehensive and coordinated community support, appropriate housing, educational, medical and personnel services are available to Families with special needs, prior to Family movement to that location. **When Family Members with special needs are enrolled in the program prior to the assignment cycle, their needs can be considered in the military assignment process.** An Exceptional Family Member (EFM) is an active-duty Family Member (adult or child) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training, housing or counseling.

Enrollment in the EFMP is MANDATORY if any of the criteria are met. In general, an active-duty Family member qualifies for EFMP if they:

- Require any medical care above the level normally provided by a family physician in an outpatient setting.
- Have serious or chronic medical problems, physical disabilities, and mental health disorders or require specialty follow up support or early intervention/special education services.

Common Diagnoses for Enrollment (not all inclusive):

- **ADD/ADHD/ODD** (if on more than one medication, have a co-morbid condition or receive any counseling)
- **Allergies** (if require allergy shots or follow up with an allergist more than once a year)
- **Asthma/RAD** (intermittent asthma NOT requiring controller medication is no longer required to be enrolled)
- **Autism Spectrum/Pervasive Developmental Disorders/Developmental Delays** (may also require educational enrollment)
- **Autoimmune/Neuromuscular Disorders** (such as Muscular Dystrophy, Lupus, Multiple Sclerosis, Rheumatoid Arthritis, etc)
- **Cancer** (unless patient has completed treatments, is in remission > 5 years, and is requiring no further follow up)
- **Cervical Dysplasia/Abnormal Pap Smear** (if requires pap smears 2x/year or greater or requires colposcopy)
- **Cerebral Palsy or Loss of Mobility** (requiring use of wheelchair, walker or other aid; requiring PT or OT)
- **Cleft Lip/Palate** (unless after complete repair and no longer requiring any services or follow up)
- **Diabetes** (all insulin dependent diabetes and any non-insulin dependent requiring frequent or specialist follow up)
- **Medical Equipment** (e.g. g-tube, oxygen, ventilator, home nebulizer, CPAP, TENS, apnea monitor, home dialysis, wheelchair or other mobility aid, splints, braces, orthotics; for insulin pump, hearing aid, pacemaker-include brand and model number)
- **Genetic Disorders/Congenital Anomalies** (e.g. cystic fibrosis, Trisomy 21, hydrocephalus, spina bifida)
- **Hearing Problems/Deafness** (requiring hearing aids or special services)
- **Heart Conditions** (congenital and acquired heart disease, any conditions requiring frequent follow up or cardiology)
- **Inflammatory Bowel Disease** (e.g. Crohn's Disease, Ulcerative Colitis)
- **Immunodeficiency** (primary or secondary, including SCID, HIV/AIDS or requiring frequent medical care)
- **Mental Health Conditions** (Anxiety Disorder, Bipolar Disorder, Depression, Eating Disorders, Obsessive Compulsive Disorder, PTSD, Schizophrenia, Drug or Alcohol Abuse, etc, All must be enrolled who have been treated with medication or received therapy within the last 5 years, if required therapy > six months).
- **Ostomies/Shunts/Prosthetics** (any artificial openings that must be maintained, any artificial body parts)
- **Premature or High Risk Infants** (delivered at less than 36 weeks, those who required extended oxygen support or assisted ventilation, admission to Neonatal Intensive Care Unit or readmission to hospital within one month)
- **Seizure Disorders/Epilepsy** (not including simple febrile seizures)
- **Sickle Cell Disease/Bleeding Disorders**(such as hemophilia or requiring frequent or hematology follow up)
- **Special Education/Early Intervention Requirements** (services required per Individual Family Support Plan (IFSP) or Individual Education Plan (IEP); DD Form 2792-1 to be completed by Early Intervention Program or School.
- **All bariatric surgeries** (gastric bypass, gastric sleeve, lap band)
- **Thyroid Problems** (Graves Disease, frequent follow up or endocrinology follow up)
- **Vision Problems/Blindness** (sight not corrected with glasses or any conditions requiring ophthalmology or housing limitations)
- **Any other medical, psychological or educational condition** should be considered if follow up by a **specialist or special services** are required. When in doubt, contact the **EFMP office at Carl R. Darnall Army Medical Center, (254) 288-8099**, for additional guidance.

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EFMP Enrollment and Overseas Screening

PURPOSE OF EFMP: Duty assignment coordination, to avoid sending family members to locations that do not have the appropriate medical or educational care. Provide eligibility to certain services not otherwise available, including Army Community Services EFMP Systems Navigators, School Advocates and Respite Care Programs, as well as TRICARE ECHO, which covers some services not covered by regular TRICARE.

- WHO IS ELIGIBLE? Family members of active-duty Soldiers.
- DUAL MILITARY FAMILIES NEED TO ENSURE FAMILY MEMBERS ARE ENROLLED UNDER BOTH SERVICE MEMBERS.
- MANDATORY ENROLLMENT PROGRAM. UCMJ action is authorized for soldiers who refuse to participate.
- Being enrolled ensures that the Soldier's assignments manager will be able to check with the gaining installation for availability of care prior to placing the Soldier on assignment.
- The EFMP Regulation requires enrollment for active diagnoses requiring care within the last year, but for asthma, cancer, or any mental health diagnoses, any care in the last five years must be reviewed for possible enrollment.
- TO ENROLL FOR MEDICAL conditions, take the DD FORM 2792 August 2014 to your provider.
- TO ENROLL FOR EDUCATIONAL needs, if your child has an IEP/IFSP, take the DD FORM 2792-1 August 2014 to the school or Early Childhood Intervention to be completed.
- All enrollment forms must be returned to **CRDAMC EFMP, Darnall Army Medical Center, 1st Floor, Clinic Bldg. 1, Wetlands.**
- TO DISENROLL A FAMILY MEMBER who is no longer eligible for enrollment please contact the Darnall EFMP, at 254-288-8099, for guidance.
- TO UPDATE YOUR EFMP ENROLLMENT, you must come to the CRDAMC EFMP office to get a printout of the current enrollment to ensure all previously enrolled diagnoses are addressed.
- ANY QUESTIONS regarding the enrollment process can be answered by calling CRDAMC EFMP at 254-288-8099.
- TIMELINE - once the DD FORM 2792 or DD FORM 2792-1 is submitted to the CRDAMC EFMP office, it will be reviewed for completeness, then sent to the Regional Coding Center to be coded into PERNET. It may take up to four weeks to process and transfer between PERNET, MEDPROS and EDAS. This is why IT IS IMPORTANT TO BEGIN AN UPDATE OR DISENROLLMENT WELL BEFORE THE EXPIRATION DATE and an initial enrollment well before the PCS cycle. Only enrollments and updates related to compassionate reassignments may be expedited by the coding team

OCONUS assignments

- Soldiers on OCONUS assignments will receive an email notification from the Levy Office instructing them to see their S-1 to complete the on-line levy brief. During the briefing, the Soldier will be prompted to enter the Family member names, DOB, etc., for any Family members for whom the Soldier is requesting Command Sponsorship. After entering the names, **THE SOLDIER CAN PRINT THE DA FORM 5888 (Family Member Deployment Screening Sheet), electronically signed by the Chief, Family Travel.** Any questions regarding the DA FORM 5888 can be addressed by having the SOLDIER'S S-1 call **Family Travel** at **254-287-5253/6101. MEDCEN/DENTAC Soldiers should work with their S-1 to receive a Levy brief.**
- As soon as the Soldier is notified of an OCONUS assignment the Soldier or Family will call **Central Appointments, at 254-288-8888**, to schedule a Family Member Overseas Screening appointment at the CRDAMC EFMP Office. **DO NOT WAIT FOR ORDERS** or the DA Form 5888 as any medical conditions identified at the screening will need to be addressed as early as possible.
- If a Family member is identified as having a special need, requiring enrollment, at the time of the Overseas Screening, or are completing the screening after the Soldier has departed to the assignment, they risk not being able to join the Soldier and a possible unaccompanied tour for the Soldier due to non-availability of care. **IT IS CRITICAL TO GET THE OVERSEAS SCREENING DONE AS SOON AS THE SOLDIER IS PLACED ON ASSIGNMENT** and to enroll Family members as soon as qualifying medical conditions or special needs are identified. Do not wait for orders or the DA Form 5888 to schedule.
- If **FAMILY MEMBERS RECEIVE THEIR MEDICAL CARE OFF POST**, they must contact their providers to have their medical records released and faxed to our office. They may come in to the EFMP office to complete a Release of Information form, at least two weeks prior to the scheduled appointment, to ensure the records are at EFMP on the day and time of the appointment. Records requested through EFMP do not require a fee. **The EFMP fax number is 254-288-8768**
- ALL CHILDREN UNDER THE AGE OF SIX MUST BE PRESENT at the appointment for a developmental screening unless they are already in Kindergarten (not pre-k).
- ADULT FAMILY MEMBERS (18 AND UP) MUST BE PRESENT at the appointment.
- ALL AIR FORCE FAMILY MEMBERS MUST BE PRESENT AT THE OVERSEAS SCREENING APPOINTMENT

EFMP CANNOT ACCEPT OLDER VERSIONS OF THE DD 2792/2792-1. PLEASE ENSURE YOU USE THE AUGUST 2014 VERSION.

FOR MORE INFORMATION ON THE EFMP AND TO DOWNLOAD PDF FILL-ABLE FORMS: <http://efmp.amedd.army.mil/>.

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Overseas Screening Visit and Family Travel Process

At The Overseas Screening appointment the Soldier or adult Family Member will complete and sign the DA Form 7246 Exceptional Family Member Program Screening Questionnaire. This questionnaire will be reviewed by the provider conducting the Overseas Screening and kept on file for three years.

The EFMP provider will review all available medical records to determine whether the Family member meets criteria for enrollment in EFMP. If enrollment is warranted, enrollment forms will be provided to the Family member or parent/guardian along with instructions. Medical enrollment forms should be completed by the Family member or parent /guardian and the provider most familiar with the medical condition/s. Educational enrollment forms should be completed by the parent or guardian and the school or Early Childhood Intervention provider where the services are provided.

Once all required enrollment forms are completed and returned to the EFMP office, the EFMP provider will annotate and sign the DD Form 5888, Family Member Deployment Screening Sheet, indicating, for each Family member, whether enrollment is warranted, and if so, that the appropriate enrollment forms are attached. If the Family member is already enrolled, the provider will indicate whether the enrollment reflects current needs or needs to be updated. If updated, a copy of the enrollment form will be attached. The Soldier or Family member then takes the DA Form 5888 and any warranted enrollment form/s to the Fort Hood Family Travel Office, located on the 2nd Floor, Copeland Soldier Center.

The Family Travel Office determines whether the gaining location allows automatic approval for Families with no warranted enrollments or whether Family Travel needs to forward the DA Form 5888 with attached enrollment forms to the gaining regional EFMP for approval. Approval or denial is communicated back to the originating Family Travel Office. The EFMP office that conducted the Overseas Screen is not in the distribution for approvals or denials. Family Travel contacts the Soldier with the approval or denial of Command Sponsorship. If approved, Family Travel amends the travel orders to reflect the Family member names and authorizes government passports, as indicated.

Soldiers who are denied Command Sponsorship for medical/educational reasons may contact the EFMP Office where the Overseas Screening took place for additional information. Most overseas locations require a six-month wait for resubmission of the request for Command Sponsorship and require detailed supporting information in the new enrollment form if the diagnoses and services needed have changed during that time.